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LIFE BEYOND THE MILITARY – OUTDOORS

AUTUMN 2021

WELCOME TO OUR AUTUMN NEWSLETTER

The Autumn Equinox is now behind us and as ever there is lots to tell you about life at HighGround!

I can't start this without saying how proud I was of everyone who made winning the Gold Medal at Gardeners World Live possible.

Andy's design was perfectly executed and is a credit to all the staff and patients at Stanford Hall who over many months had sown and hammered and painted the Make Do & Mend Beautiful Border from recycled materials – the much-admired path was created with military precision from the crossbars of old pallets...!!!!

We must also thank our generous suppliers for loans and donations of plants and trees. [Green Mile Trees](#), [Middleton Nurseries](#), [Readyhedge](#), and our loyal and generous supporters [Vitag](#).

To add to a fantastic week, Adam Frost even used the word rehabilitation when he mentioned us on Friday's Gardeners' World. Thanks Adam!

Anna BC
Founder and Executive Director



Adam Frost on Make Do and Mend. NEC 2021.



Left; NEC Monday – the garden is coming together..! Right; Andy's famous path made from crossbars of pallets and laid by him and Jay.



Anna at Chelsea Flower Show gala preview. September 2021

FRIENDS OF HIGHGROUND

FHG is the voluntary arm of HighGround which supports and promotes the work of the Charity with fundraising and community awareness initiatives, both locally and nationally.

Like all charities, our fundraising has been severely curtailed by CV-19 but our wonderful Friends at Horsted Keynes Tuesday Club raised the princely sum of £2,500 for us during the pandemic and Chris Eberhardie one of our Steering Group members went to their AGM to collect the cheque. We are so grateful for your continued support of our work.

Thank-you also to Computer Angels who, as well as being our IT fixers, also filled one of our collecting tins – great shout and thanks so much for taking an empty one back...



Horsted Keynes Tuesday Group present a cheque for HighGround to Chris Eberhardie



Computer Angels collecting tin had £112.65 in it. September, 2021

Philip our new Head of Marketing and the Friends Steering Group are working hard to develop the Friends network and we hope to announce our first Regional Champion very soon.

Like all charities, fundraising is the lifeblood which allows us to keep delivering and developing our services to those who have served their Country and the demand for them is relentless.

If you know anyone who would be interested in helping to build our regional network, please contact Anna – there is much to do...

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STANFORD HALL

Life at Stanford Hall took some time to return to pre-Gardeners' World Live pace and Andy and Jane continue to be very busy.

[The Village Green](#) is now making progress and we hope to welcome some new chickens soon.

[READ MORE](#)



DMRC Village Green September 2021.



Kathryn Jackson, our Graphic Designer.

GETTING TO KNOW TEAM HIGHGROUND

Each quarter we introduce you to a member of Team HighGround and this time it's Kathryn's turn!

[READ MORE](#)

RURAL WEEKS

Our Rural Experience Week programme at Bicton funded by the Armed Forces Covenant Trust Fund continues, and we also managed to fit in a Virtual Rural Week which was very well attended, mostly by serving personnel in the early planning stages of their resettlement.

We were honoured when General Sir Andrew Ridgway and Admiral Sir Mark Stanhope came to visit us at Bicton to learn more about Rural Experience Weeks. The support of the Armed Forces Covenant Fund Trust has been pivotal to the development of this programme to improve the mental health and wellbeing of veterans in the safe and supportive environment of Bicton College and we are so grateful for the interest and support of people like General Andrew and Admiral Mark.

Huge thanks to all those who so generously give up their time to support our programmes. You are all changing the lives of many people with your excellent contributions and we thank each and every one of you. You can see pics from our REW programme [here](#).

It was good to get to the Game Fair again as the land-based sector brushes itself down and moves inexorably forwards.

[READ MORE](#)



General Sir Andrew Ridgway & Admiral Sir Mark Stanhope with ABC & Chairman. Bicton 24th Aug 2021.

HORSEFERRY ROAD

The Development Board chaired by Jon Perkins met virtually in July. Tim is working closely with our Development Board members to produce Career Guides for all the areas of the land-based sector they represent and we hope to have these on the website by Christmas.



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GDPR AND OUR STANDARDS

GDPR came into effect on 25th May 2018. We had an extremely busy run up to this date, but our small team were able to pull out all the stops and get things in place in time. As a charity we take GDPR and the security of your information very seriously. To this end, we have ensured that all of our data processors comply rigorously to keep everything secure. You can read about our Standards [here](#).

Thank you for reading and please do share this email with anybody you think may be interested in supporting HighGround or who may be in need of our support.



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